

# Good Shepherd Lutheran School Menu

## March 2010

<b>1 National</b> Yogurt Blueberry Muffin Pineapple Peaches Apple turnover	<b>2 School</b> French Toast Sticks Sausage Orange juice Applesauce Cinnamon roll	<b>3 Breakfast</b> Hard boiled egg Muffin Pears Orange Apple turnover	<b>4 Week</b> Pancakes Ham Orange juice Peaches Cinnamon roll	<b>5</b> Scrambled eggs Mini bagels Orange juice Mixed fruit Apple turnover
<b>8</b> Chicken nuggets Potato wedges Apple Cookie	<b>9</b> Pizza Lettuce salad Pineapple Cookie	<b>10</b> Tater Tot Cass. Bread and butter Green beans Peaches Cookie	<b>11</b> Tomato Soup Grilled Cheese Pears Cake or bar	<b>12</b> Stuff-a-Sub Bar Lettuce/tomato Mixed fruit Cook's Dessert
<b>15</b> Hamburger/bun Tater tots Orange Cookie	<b>16</b> Roast and gravy Mashed Potatoes Dinner roll Pineapple Cookie	<b>17</b> Hot ham/cheese sandwich Celery/P. Butter Peaches Cookie	<b>18</b> Chicken/broccoli/ rice Casserole Bread and butter Fresh fruit Cake or bar	<b>19</b> Taco Pot Pie Lettuce/Tomato Salsa/Sour cream Mandarin Oranges Cook's dessert
<b>22</b> Fish Wedges Tater tots Mandarin Oranges Cookie	<b>23</b> Cheeseburger Pie Peas Pears Cookie	<b>24</b> Cheesy Potato Soup Peanut butter sand. Peaches Cookie	<b>25</b> Spaghetti Garlic bread Green beans Mixed fruit Cake or bar	<b>26</b> Select-a-Salad Bar Muffin Pineapple Cook's dessert
<b>29</b> NO	<b>30</b> SCHOOL	<b>31</b>	EASTER	BREAK

All meals served with bread and milk.  
 Menus subject to change without notice.